

Respectful - Caring - Safe



NEWSLETTER

Term 4, Week 8

TUESDAY

November 29th, 2016

Dear Parents, Carers and Students,

Today we met for the first time our 2017 Kindergarten students who attended the Kinder Orientation Day. Welcome to Jack, Leroy, Tyla and Molly and their families.

Tomorrow the Primary Class leave for three days at Od Mogo Town. My thanks to Jo Lane, Layla's mum, for accompanying us on the excursion. We will be joined by the Infants Class on Friday for a visit to Mogo Zoo. I am sure we will all have a great time.

'Searching For Google' will be presented next week at Narooma High School with shows on Wednesday (11.00am and 7.00pm) and Thursday (7.00pm). Mr Markham has requested some behind the stage assistance (getting children dressed, make-up, supervision, etc). If you can help please complete the note in this newsletter and return to school as soon as possible. Please complete the rehearsal and matinee permission notes and return them to the school this week.

Thank you so much to all the parents who have assisted so far with costume and props production. We really need your help though for the different shows.

There is also a permission note regarding the Montague Island Excursion planned for Friday, December 9th.

REMINDERS

- ⇒ RETURN BACKSTAGE HELPERS NOTE
- ⇒ RETURN MONTAGUE ISLAND PERMISSION NOTE
- ⇒ BUY YOUR 'SEARCHING FOR GOOGLE' TICKETS NOW
- ⇒ RETURN 3-IN-1 PERMISSION NOTE
- ⇒ RETURN SURVEY PAGE
- ⇒ CHECK OUT THE DIARY UPDATES
- ⇒ PAY STUDENT 24/7 INSURANCE
- ⇒ PAY VOLUNTARY SCHOOL CONTRIBUTIONS
- ⇒ MAKE SURE YOUR CHILD HAS THEIR SCHOOL HAT AT SCHOOL EVERY DAY
- ⇒ IF YOUR CHILD NEEDS A NEW HAT, THEY ARE AVAILABLE NOW FROM THE OFFICE

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We're on the web!!

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**Find our full colour
newsletter here!**

In planning for 2017, I would request your assistance in completing the attached survey in this newsletter. It asks you to consider the school's strengths but also areas in which we can improve.

2017 also presents issues in terms of class compositions. Traditionally we have had a K-2 class and a Years 3-6 class but our enrolments are such next year that this may not necessarily be the case. We anticipate approximately 37 students next year with a current Year 2 of seven pupils moving into the Primary Class, with three Year Six leaving. We could have two groupings - either a K-2 class of 12 and a 3-6 class of 25, or a K-3 class of 19 and a 4-6 class of 18. There are arguments for and against both models. I would be interested in your input into this decision (see survey).

Regards, John Carter, Principal

Searching For



When:

Wednesday, December 7th
Matinee 11am & Evening 7pm
Thursday, December 8th
Evening 7pm

Where:

Narooma High School Hall

Cost:

Adults \$7
School Students \$5
Preschoolers Free
Phone 4473 7210 for tickets
Or purchase them at the door

A Central
Tilba
School
Production



KINDERGARTEN 2017 ORIENTATION

If you know of anyone who may be interested in starting their child at Central Tilba PS next year, please advise them to contact the school ASAP

NEXT Tuesday, November 29th, 9am - 12.45pm
Tuesday, December 6th, 9am - 12.45pm

The timetable for these two days is as follows:

- | | |
|-------------|--|
| 9.00-9.10am | Arrive at school (be sure to bring a hat). |
| 9.15am | Bell rings and lessons commence for the day (parents are welcome to stay as long as necessary for their child to be settled). |
| 10.45am | Five minute fruit break in their classroom. Children should bring a piece of fruit or vegetable. |
| 11.00am | Bell rings for a 20 minute break. Children should bring recess snacks and a water bottle (NO lollies, chewing gum or sugary drinks permitted). |
| 11.20am | Bell rings and lessons recommence. |
| 12.20am | Children eat lunch in their classroom. Children should bring lunch and a water bottle (NO lollies, chewing gum or sugary drinks permitted). |
| 12.30pm | Bell rings for a 20 minute break. |
| 12.45pm | Parents should collect their pre-school children. |

Parents, please note that on the first orientation half day our 'School Information Kit' will be distributed by Linda in the office. This kit includes our School Information Booklet, school enrolment form, bus transport form, private vehicle conveyance subsidy information (if applicable), uniform order form, plus other information for parents of children starting school next year, all contained in a library bag. If you have any questions or queries whatsoever, please do not hesitate to ask.



YEAR 6 ... JUST BEING YEAR 6 AND CHECKING OUT THE PROGRESS OF COSTUMES FOR 'SEARCHING FOR GOOGLE'

UPDATE OF DATES FOR YOUR DIARY OR THE FRIDGE DOOR MAGNET

Wed/Thu/Fri, Nov/Dec 30/1/2	Primary Class Excursion Mogo
Fri, Nov 25th	Infants Excursion Mogo Zoo (with Primary Class)
Mon, Dec 5th	Play Dress Rehearsal NHS
Tue, Dec 6th	Whole Day Yr 6 NHS Orientation Kinder 2017 1/2 Day Orientation Linda/ John LMBR Meeting
Wed, Dec 7th	Play Matinee Performance NHS 11am Play Evening Performance NHS 7pm
Thu, Dec 8th	P&C Meeting 1pm and Whole School Assembly (Awards Only) 2.45pm Play Night Performance NHS 7pm
Fri, Dec 9th	Whole School Montague Island Excursion
Sat, Dec 10th	P&C Working Bee At School
Tue, Dec 13th	End Of Year Reports Go Home School Disco (With Hot Dog Rolls)
Thu, Dec 15th	Presentation Night Rehearsal and Presentation Night 5.45pm for 6pm start.
Fri, Dec 16th	Last Day Of School For Students
Tue, Dec 20th	Last Day Of School For Staff



'3-IN-1' PERMISSION NOTE

SEARCHING FOR GOOGLE REHEARSAL AND MATINEE

WALK TO CENTRAL TILBA HALL PRESENTATION NIGHT REHEARSAL

I give permission for my child(ren) to :

- Travel to Narooma High School by bus on Monday, December 5th, for full play rehearsal;
- Travel to Narooma High School by bus on Wednesday, December 7th, for matinee performance;
- Walk to Central Tilba Hall for Presentation Night rehearsal on Thursday, December 15th.

Signed Parent/Carer Date

searching For



TICKET SALES

Tickets are available from our school office. Please complete the order form below.

Prices are \$7.00 per adult and \$5.00 per school age child
(performers, of course, are free!).

Please note that parents need to purchase tickets for themselves and older children, but not for their Central Tilba School students (who are all performing) or their pre-school children.

Let all your friends, relatives and acquaintances know so that they can also come along, support the school and our children and help make this performance a resounding success!

**PLEASE NOTE THE PERFORMANCES ARE ALL BEING HELD IN THE NAROOMA HIGH SCHOOL HALL -
TICKETS WILL ALSO BE AVAILABLE AT THE DOOR**

ORDER FORM – TICKETS FOR 'SEARCHING FOR GOOGLE'

PERFORMANCE DATE	NUMBER OF TICKETS	
	ADULT \$7	CHILD \$5
Matinee, Wednesday, December 7th, 11am		
Evening, Wednesday, December 7th, 7pm		
Evening, Thursday, December 8th, 7pm		

Name: I enclose \$ being payment in full.



YOUR HELP IS REQUIRED BACKSTAGE AND AT THE DOOR WITH MAKE UP, COSTUMES, TICKET SALES, ETC. And GETTING YOUR STUDENT CHILDREN THERE

All parents will have to arrange to get their child(ren) to and from the evening performances, to be at the high school not later than 6pm for costume, make-up, etc. Also, we need parents to volunteer to help backstage with costumes, sets, make-up and 101 other things FOR EACH PERFORMANCE. Please put your name in one of the time slots below so we know who can help and when (each time is 1 hour prior to performance time).

When can you help ??? Please tick the time box(es) where you can help .

Wed, Dec 7th, 10am

☐

Wed, Dec 7th, 6pm

☐

Thur, Dec 8th, 6pm

☐

Signed Parent/Carer Date

WHOLE SCHOOL MONTAGUE ISLAND EXCURSION

A bus for students will leave the school at 9.20am on Friday, December 9th, and will meet with participating parents (and their student children) at the Narooma Charters Wharf at 9.45am. There is no room on the bus for parents. The P&C are very generously paying the cost of the charter for all students and the school is paying for the bus transport - so NO cost for students.

There are very limited places available for any parents who would like to participate on this excursion, primarily to help with the supervision and care of all students on the excursion, and will be on a 'first-in with note and \$' basis **Cost for parents is \$66 each.** Sorry but we can't take any preschoolers.

Note: This excursion depends entirely on ocean/weather conditions and if necessary may have to be postponed.

Students should wear school uniform including closed in shoes and their hat and sunscreen. Students will need to take their water bottle, fruit break, recess snacks and lunch with them (no lollies or sugary foods/drinks).

PERMISSION NOTE

Montague Island - Friday, December 9th

I am aware that my child(ren) may be travelling by bus and also by boat and that all passengers in the boat will be wearing life jackets.

Participating parent name (\$66 enclosed)

Students travelling to and from Narooma Charters Wharf with PARENT or BUS *(Please circle appropriate)*

Signed Parent/Carer Date



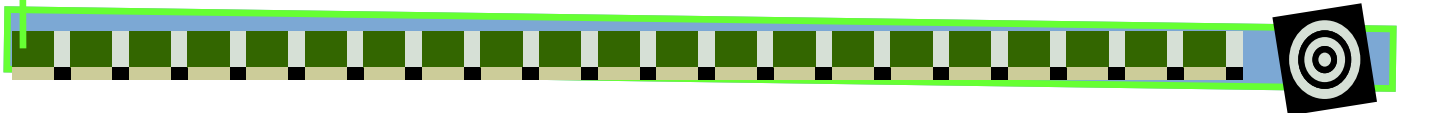


Class Structure Preference 2017 (Tick Box)

Option 1 K/1/2 - 12 students 3/4/5/6 - 25 students	<input type="checkbox"/>	Option 2 K/1/2/3 - 19 students 4/5/6 - 18 students	<input type="checkbox"/>
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What things do you think we do well at Central Tilba PS?

What can we improve in 2017?



Week 8 - Eat More Fruit and Vegetables

How to help kids and teens eat more fruit and vegies

Eating more fruit and vegies every day can sometimes be a struggle. However, research shows that we're more likely to do so if they're available and ready to eat.

Children may need to try new fruits and vegies up to 10 times before they accept them. So stay patient and keep offering them. It can also help to prepare and serve them in different and creative ways.

Some ideas to try:

- ☺ Involve the whole family in choosing and preparing fruit and vegies.
- ☺ Select fruit and vegies that are in season - they taste better and are usually cheaper.
- ☺ Keep a bowl of fresh fruit in the home.
- ☺ Be creative in how you prepare and serve fruit and vegetables - such as raw, sliced, grated, microwaved, mashed or baked; serve different coloured fruit and vegies or use different serving plates or bowls.
- ☺ Include fruit and vegies in every meal. For example, add chopped, grated or pureed vegetables to pasta sauces, meat burgers, frittatas, stir-fries and soups, and add fruit to breakfast cereal.
- ☺ Snack on fruit and vegies. Try corn on the cob; jacket potato topped with reduced fat cheese; plain popcorn (unbuttered and without sugar or salt coating); chopped vegies with salsa, hummus or yoghurt dips; stewed fruit; fruit crumble; frozen fruit; or muffins and cakes made with fruit or vegies.
- ☺ Try different fruits or vegies on your toast - banana, mushrooms or tomatoes.
- ☺ Add chopped or pureed fruit to plain yoghurts.
- ☺ Make a fruit smoothie with fresh, frozen or canned (in natural or unsweetened juice) fruit; blend it with reduced fat milk and yoghurt.
- ☺ Chop up some fruit or vegie sticks for the lunchbox.
- ☺ In summer, freeze fruit on a skewer (or mix with yoghurt before freezing) for a refreshing snack.
- ☺ Make fruit-based desserts (such as fruit crumble or baked, poached or stewed fruit) and serve with reduced fat custard.
- ☺ Have fresh fruit available at all times as a convenient snack - keep the fruit bowl full and have diced fruit in a container in the fridge.

Source: www.healthykids.nsw.gov.au

Week 8 - Learning Continuum - Speaking (Literacy)

Please note that the information presented in this Newsletter is of a general nature. For specific information related to your child, it is recommended you speak with your child's teacher.

By the end of **Year Six**, a child should be able to:

- ☺ Effectively sustain a point of view throughout a discussion or debate, drawing on a range of sources to provide justification;
- ☺ Analyse, synthesise and evaluate the views and reasons put forward by others;
- ☺ Plan, rehearse and make adjustments to oral presentations for specific purposes and audiences;
- ☺ Refine and expand active listening strategies to include strategies such as challenging others' ideas, providing feedback and support for others;
- ☺ Listen attentively to more lengthy and challenging spoken and multimodal texts to gather and evaluate key information.

Community Notice Board

Please note: the NSW Department of Education and Training does not endorse any product or service advertised in this newsletter.



THE TILBA CWA would like to invite you to our annual Christmas Event Carols in the Hall on Saturday 3rd December at 5pm. The event will begin with a sausage sizzle, tree decorating and a Christmas themed raffle. There will also be sweets and tea/coffee available. Local musicians will perform to help us sing along to our favourite Christmas Carols. And finally, to get you into the Christmas spirit there will be a visit from Santa. We hope you can join us! All profits from this event will go towards helping our local community.

BERMAGUI COMMUNITY VACATION

CARE is now taking bookings for the Summer holidays, for children ages 6 weeks to 12 years. Please contact Bermagui Pre-school on 6493 4183 for further information.

THE GIRL CAMPAIGN WORKSHOP -

When: Saturday 10 December 2016, 9am – 2.30pm. Where: Dr Mackay Community Centre, 9 Page Street Moruya NSW 2037. Cost: \$20.00 per person. Girls 10-13 years are invited to attend a one day workshop designed to build resilience and self-

confidence. Join Kimberli Eke, founder of The Girl Campaign in a gorgeous bell tent for a day of fun. Participants will learn to have a greater appreciation for the beautiful girl staring back from the mirror. Kimberli has been running The Girl Campaign for various age groups along the South Coast of NSW. Wear comfortable clothes and bring a packed lunch. Payment to be made on the day. Bookings essential (max 20 participants). For more information or to book your place

please contact Zoe Morgan, Coordinator, Community Development and Youth: T: 02 4474 7470, E: zoe.morgan@esc.nsw.gov.au

NAROOMA REDBACKS SOCCER CLUB AGM - The club's AGM will be held at 7pm Thursday 1 December in the boardroom, Club Narooma. All welcome! For more info email Julia at julianjulia@bigpond.com.

You are invited to the Tilba CWA
Christmas Event

Carols in the Hall

at Central Tilba

Saturday 3rd December at
5pm

There will be:

- * Sausage sizzle
- * Carol Singing
- * Visit from Santa
- * Sweets / Tea & Coffee
- * Tree Decorating
- * Christmas Raffle

