



NEWSLETTER



Central Tilba Public School

Term 3, Week 1
WEDNESDAY
July 15th, 2015

Hello Parents,

Welcome back for Term 3, a term in which we will be having various sporting activities, including our combined Athletics Carnival with Quaama (which has had to be postponed until next Thursday, due to wet ground and forecasts of more rain). Staff will be learning about an exciting new program for mental health called 'Kids Matter', also NAPLAN results will be published in August, and hopefully the weather will gradually become warmer.

The recent Jump Rope for Heart program was a huge success, culminating in our Jump Off Day on the final day of last term. All children showed a definite improvement in their skipping and jumping abilities and also increased their repertoire of skipping skills. As yet we do not know how much was raised, but thank you to all who kindly raised funds for the Heart Foundation. John is unexpectedly away this week (see note below), but we expect him to be back by next week. Peter Markham is filling in for him this week.

The children appear to have returned to school refreshed, enthusiastic and happy. We have a great group of children at our school and they are a credit to you, as their parents. Well done!

Have an enjoyable term.

Laura McHarg, Relieving Principal.

Central Tilba Public School
89 Corkhill Drive
Central Tilba NSW 2546

Phone: 02 4473 7210

Fax: 02 4473 7469

E-mail:

centrtilba-p.admin@det.nsw.edu.au

We're on the web!!

www.centrtilba-p.schools.nsw.edu.au

Find our full colour
newsletter here!

REMINDERS

⇒ QUAAMA
CARNIVAL
POSTPONED
UNTIL NEXT
THURSDAY -
RETURN QUAAMA
NOTE NOW.

⇒ ***NEW* FRIDAY**
LUNCH ORDERS -
ORDER MUST BE
IN TOMORROW

⇒ PRIMARY CLASS -
START PAYING
FOR THE END OF
YEAR EXCURSION
NOW

⇒ **KIDS MATTER**
INFORMATION
SESSION NEXT
TUESDAY 3.30PM

⇒ PAY VOLUNTARY
SCHOOL
CONTRIBUTIONS
STUDENT
INSURANCE &
P&C M/SHIP

Dear Parents and Students,

Welcome back to Term 3.

I apologise for not being 'on deck', but my family and I have been caught in Bali and have been unable to leave due to the volcanic activity. We were due to fly home last Friday but are currently hoping to fly home this weekend, weather permitting. I have asked Laura McHarg to be Relieving Principal in my absence.

I hope to be back soon.

Regards, John Carter.



THE INFANTS CLASS IN TERM THREE

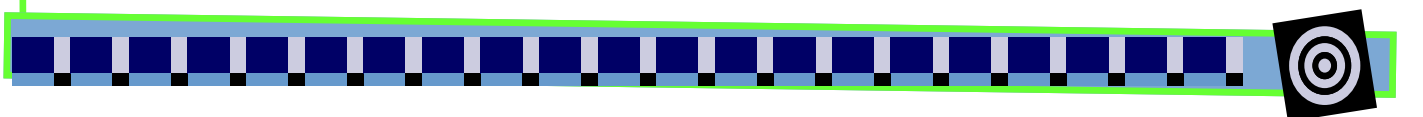
Laura McHarg, Infants Class Teacher

- * This term Louise Hankinson is continuing to team teach with me on Tuesday and Wednesday mornings during literacy and numeracy. The extra individual attention is valuable.
- * Kinder have now been introduced to most sounds of the alphabet. Over the coming weeks children will learn the remaining few sounds and then will consolidate this knowledge by applying it to reading and writing.
- * Kinder will be starting home readers very soon. Further information will be sent home shortly.
- * Years 1 and 2 will continue to focus on their word attack skills and on becoming fluent readers.
- * Years 1 and 2 are also focusing on the structure of their writing, including paragraphing, titles, introductions, conclusions and punctuation.
- * In Maths, Years 1 and 2 will be learning simple multiplication and division activities using grouping and sharing strategies.
- * These children are also learning to rote count in various ways, eg. by 5, 10, odd, even, backwards, etc. If I feel that your child needs extra help with a particular mode of counting, you will receive a note asking that they practise with you at home.
- * All children will be learning about area, mass, length, volume, money and time throughout the term. As many of these concepts can be consolidated at home, your child may come home and ask to count your money, use the kitchen or bathroom scales to weigh various objects or people, and talk to you about how many kilometres they are travelling in the car.
- * In HSIE (Human Society and Its Environment) we will be focusing on local history. This will include significant buildings, people and sites in the local area, recognising changes from the past and considering the effect of technology on people's lives.
- * In Creative Arts children will be encouraged to enjoy participating in various art and craft activities and to foster their creativity.
- * In Science we will be looking at physics, gravity, forces and the effects of air and water.
- * This term each child will have an email account set up and will learn to send and receive emails to peers within the school.
- * The Life Education Van, featuring Happy Harold (the giraffe), will be visiting the school to promote safe, responsible and healthy lifestyles. We will also be having a visitor to educate the children about responsible behaviour towards pets.





**A great day for fitness with
JUMP ROPE FOR HEART
Great skipping everyone!**



Quaama Athletics Carnival

Postponed Until Next Week

Thursday, July 23rd

- ◆ Our Annual Athletics Carnival at Quaama with Quaama Public School will NOW take place in the SECOND week of Term Four on **Thursday, July 23RD**, commencing at 10.00am. Bus departs at **9.15am** sharp, so **DON'T BE LATE!** Return permission note **BEFORE THE END OF TERM.**
- ◆ The **subsidised excursion contribution is \$5 per student**, irrespective of whether or not students travel on the bus. It is expected (as usual) that **ALL** students will travel on the bus to Quaama as this is a school excursion and the 'team spirit' on the bus is always great for the children.
- ◆ Students should wear their full school sports uniform, including their school hat and suitable runners. Make sure they take a warm jumper/jacket/track pants with them as the weather can be very cold in Quaama.
- ◆ All parents are welcome and encouraged to come along and enjoy, what is always, a great day, and, of course, participate in the annual parents' tug-o-war'. Bring a chair or rug to sit on, as well as your picnic lunch or buy it from the canteen.
- ◆ Parents - if you do decide to take your children home with you at the end of the day, ***please advise a teacher*** before leaving the ground with them. **If you are taking other children home, apart from your own, please ensure YOU HAVE A NOTE FROM THEIR PARENTS AND GIVE IT TO A TEACHER BEFORE LEAVING.**
- ◆ Please ensure that your child has sufficient food and drinks for the day (EVERY child should take their water bottle).
- ◆ ***PLEASE NOTE : ALL STUDENTS ARE EXPECTED TO PARTICIPATE. There will be NO supervision at school for children not participating in the Athletics Carnival.***
- ◆ Canteen items available on the day:

Sausage Sandwiches \$2

Bacon & Egg Rolls \$5

Steak & Coleslaw Rolls \$5

Chicken Schnitzel & Coleslaw Rolls \$5

Egg & Lettuce Sandwiches \$3

Donated Cakes & Slices \$0.20-\$0.50

Zooper Doopers \$0.50

Cans Drink \$2

Bottled Water \$2

Tea/Coffee \$1

Poppers \$1

Milo \$1

PERMISSION NOTE – WHOLE SCHOOL

QUAAMA ATHLETICS CARNIVAL - THURSDAY, JULY 23RD, 2015

I hereby give permission for my child/children
to participate in the Quaama Athletics Carnival on Thursday, July 23RD, 2015.

I understand that transport will be by bus and full school sports uniform is to be worn.

I enclose \$5 per student subsidised excursion contribution.

Signed Date



CANTEEN MENU

BY MY HEAVEN ON EARTH CAFÉ

Complete order form and return to school
tomorrow (THURSDAY) morning with
correct payment (cash only).

Absolutely **NO** late orders will be accepted !

Lunch orders will be delivered for lunch on Friday

(Note: pricing is for school canteen only)

STUDENT NAME(S):

ITEM	CHILD'S NAME IF MORE THAN ONE CHILD	ITEM COST	QTY	TOTAL
Jam Sandwich		\$2.00		
Vegemite Sandwich		\$2.00		
Honey Sandwich		\$2.00		
Ham, Cheese Sandwich		\$3.50		
Veg Wrap		\$3.50		
Plain Beef Pie		\$3.50		
Veg Pastie		\$3.50		
Pizza Pastie		\$3.00		
Chicken Pie		\$4.00		
Garlic Bread		\$2.00		
Cut Veg Box		\$3.00		
Cut Fruit Box		\$3.00		
Frozen Yoghurt		\$2.00		
Jelly Cup		\$2.00		
Sultanas		\$1.50		
Today's Slice		\$3.00		
TOTAL AMOUNT ENCLOSED				\$





WHOLE SCHOOL PHOTOS

Last chance to
place an
order.

Please return
order form
(below) and \$
by this Friday
if you wish to
make a
purchase of
one of these
great photo
memories.

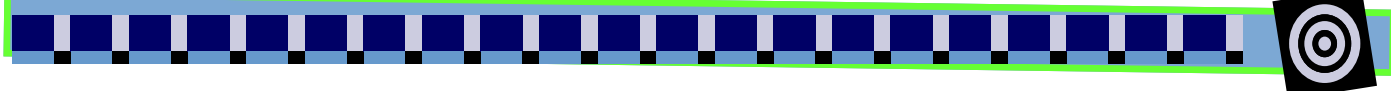
WHOLE SCHOOL PHOTOS ORDER FORM

Name: _____

Tick Appropriate Box : Whole School Photo \$20 ☐

Muck Up Whole School Photo \$20 ☐

Total Amount Enclosed \$ _____





KIDS MATTER

Last month I attended a 'Briefing Session' in Canberra on the 'Kids Matter' Framework and reported back to a P&C Meeting about this program, which was enthusiastically received by those in attendance.

Kids Matter Primary is an Australian initiative for primary schools that provides a framework, resources and support to identify and implement strategies to improve the mental health and wellbeing of students.

The Key Messages of 'Kids Matter' are:

- * Mental health is a prerequisite to effective learning;
- * Schools can make a difference;
- * Mental health promotion is best planned at individual sites;
- * Kids Matter is a framework or structure of best practice, not a program.

Mental Health was defined as a state of well being and the ability to cope with challenges throughout life which are affected by protective factors (eg., support) versus risk factors. Mental Health has been identified as a national priority, with one in seven primary children experiencing mental health difficulties at some point. Currently, only one in four receive help.

The whole school needs to create an environment that is conducive to promoting mental health and wellbeing.

There are four components of Kids Matter:

- * Positive School Community
- * Student Skills for Resilience
- * Parents and Families
- * Support for Students Experiencing Mental Health Difficulties

Each component involves training a facilitator who then trains the staff/community.

To begin this program in our school, an Action Team comprising staff, parent and community participation, which will drive and manage Kids Matter, needs to be formed. That Action Team will then attend a 'Getting Started' day in Canberra (at this stage, Tuesday, September 1st, 2015).

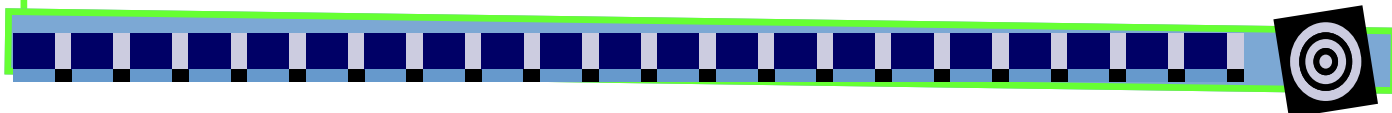
If you are interested in being on the Action Team, I would very much like to hear from you. It would involve making a commitment to attend the 'Getting Started' day and at least two meetings a term at school to plan and progress the program over the 2-3 years that it will run. It is quite a big commitment but the benefits could be immense.

If you are interested in being involved, please complete the attached note and return to the school. I intend to hold an information session at school on Tuesday, July 21st (Week 2 of Term 3), at 3.30pm.

KIDS MATTER Expression Of Interest Note

**YES .. I am interested in being involved with
KIDS MATTER ACTION TEAM**

Name



Community Notice Board

Please note: the NSW Department of Education and Training does not endorse any product or service advertised in this newsletter.



TILBA CWA - The next meeting is on July 20th, 10.00am in the Small Hall. All welcome.

WOOLWORTHS EARN & LEARN IS BACK!!!


Commences today, Wednesday, July 15th.

Please remember to ask for your stickers every time you spend \$10 or more.

Completed sheets and stickers can be placed in the school collection bin at Woolworths in Narooma or in the foyer at school. One sticker sheet is attached for each family and extras can be obtained from Woolworths.

Get all your family, friends and neighbours to collect these stickers for our school and our kids.



**2015 MAYOR'S WRITING COMPETITION**

Are you a young writer between the ages of 5 – 18 years? Do you have a great story to tell? Would you love to see your story published? Here is your chance to make it happen! So, what are you waiting for?

Pick up an entry form at your local library or download one by clicking on News and Events on the Council homepage www.esc.nsw.gov.au and Mayor's Writing Competition.

ENTRIES CLOSE: 5pm FRIDAY 28 AUGUST 2015

PRIMARY CLASS END OF YEAR EXCURSION - ADVANCE NOTICE

This year the Primary Class will be going to Canberra for their End of Year Excursion. We will leave on Wednesday, November 25th, and return on Friday, November 27th, a 3 day, 2 night excursion. Transport is by bus.

The itinerary consists of Cockington Green, Australian Institute of Sport, National Dinosaur Museum, Australian War Memorial, Parliament House, Old Parliament House (Museum of Australian Democracy), Telstra Tower, Ice Skating and Questacon. Accommodation will be at the Bush Capital Lodge in Canberra.

This has been costed at over \$375 per student, but the P&C have very generously agreed to subsidise this by \$175 per student, so the cost per student to parents will be \$200. Parents can (and are encouraged to) start paying a regular sum weekly now, so that it will not be a huge amount to pay just prior to Christmas.

We will also need a female parent to volunteer to come along as support for the girls. There is no cost involved for this parent and you do not have to be the parent of a girl. If you would be interested in joining us and are available on these dates, please let Linda know ASAP. As usual, a name will be 'drawn from the hat' in early Term 4. More information will be sent out closer to the date.

Central Tilba School has a policy that no child should be excluded from an excursion for financial reasons. If payment is a problem, please contact the school ASAP. All discussions of this nature are completely confidential.





VOLUNTARY SCHOOL CONTRIBUTIONS, STUDENT ACCIDENT INSURANCE & P&C MEMBERSHIP

***PLEASE RETURN AS SOON AS POSSIBLE AND
CIRCLE 'EFT' IF THAT IS YOUR PAYMENT METHOD***

VOLUNTARY SCHOOL CONTRIBUTIONS (SCHOOL FEES) – *This has been set by the P&C at \$40/student or \$70/family for the year.* This is extremely low compared to other local primary schools. We ask that all parents consider paying this small cost towards their child's education if they can. Please send in your contribution with the form below.

**CHEQUES PAYABLE TO CENTRAL TILBA PUBLIC SCHOOL
EFT - BSB 032-001 A/C NO. 153128**

Family Name Date

STUDENT ACCIDENT INSURANCE – *The cost is \$10 per student.* The P&C has already paid for **ALL** students in the school to be covered and ask that parents consider reimbursing the P&C this small cost for having their primary student children covered for accidents. ***We ask that you send in the \$10 per student as soon as possible.*** If you can't afford the whole \$10 per student, any contribution you can afford would be great. Please send in with the form below. Please don't forget to let the school know if your child has any kind of injury covered by the benefits payable so that we can send a claim home for you to complete (even if you haven't paid the insurance). ***Please note this is a '24/7' cover, NOT just school hours or events.***

Enclosed is \$10.00 per student (or part thereof).

**CHEQUES PAYABLE TO TILBA DISTRICT P&C ASSOCIATION
EFT - BSB 062-652 A/C NO. 00900089**

Student Name(s)..... Date

P&C MEMBERSHIP – The P&C ask all families to become members of our P&C Association. It is not necessary to attend any or all meetings, although we hope that as many parents as possible will try and support the P&C at their meetings, but by paying the small membership subscription of **only \$5.00 per family, per year**, you ARE supporting the P&C. Unless P&C subscriptions have been paid, you are not able to vote on any issues that arise at meetings or at the AGM. ***This donation helps to pay for our affiliation fees with the Federation of P&C's and Public Liability insurances and P&C Workers' insurance; this amounted to over \$400 last year.***

**CHEQUES PAYABLE TO TILBA DISTRICT P&C ASSOCIATION
EFT - BSB 062-652 A/C NO. 00900089**

Family Name Date

