



# NEWSLETTER



## Central Tilba Public School

Term 2, Week 10  
**WEDNESDAY**  
June 24TH, 2015

Dear Parents and Students,

What a busy week it has been since our last Newsletter! Thank you to all the parents who have requested interviews this afternoon and evening following half yearly reports going out last Wednesday.

Last Thursday our Academic Challenge team of Billy, Layla, Zayd, Jamie, Archie and Angela travelled to Broulee for a day of challenging activities on the theme of 'Mathematics'. Against nine other schools from the Eurobodalla Learning Community, they completed a project on marine pollution, wrote and performed a rap, created posters and cooperatively solved a range of problems. For their efforts they were awarded the Small Schools Shield (for the third consecutive year!). Congratulations to all involved.

On Friday the children were joined by Linda Appelgren and Dorothy Thompson from the Tilba CWA to make lanterns for the Winter Solstice. The children worked cooperatively to make their lanterns, many of which were on display in the main street of Central Tilba on Sunday night.

On Monday, Cathy Thomas from National Parks and Wildlife visited the school with her 'Wanda Van' to mark the beginning of NAIDOC Week. The van contained taxidermy animals, an Aboriginal cultural display, ochre face painting and indigenous tools. The children were very responsive and learnt a lot about our Aboriginal heritage.

Continued over the page .....

### REMINDERS

- ⇒ **RETURN QUAAMA NOTE ASAP - DO IT NOW SO YOU DON'T FORGET!**
- ⇒ **PRIMARY CLASS - START PAYING FOR THE END OF YEAR EXCURSION NOW**
- ⇒ **PAY VOLUNTARY SCHOOL CONTRIBUTIONS STUDENT INSURANCE & P&C M/SHIP**

Central Tilba Public School  
89 Corkhill Drive  
Central Tilba NSW 2546


Phone: 02 4473 7210  
Fax: 02 4473 7469  
E-mail:

centrtilba-p.admin@det.nsw.edu.au

**We're on the web!!**

**www.centrtilba-p.schools.nsw.edu.au**  
**Find our full colour newsletter here!**

- ☺ Tomorrow (Thursday) - Visit from Year 7 Advisor from NHS and last year's Year 6 students, to talk to Years 5 and 6 about progressing to high school.
- ☺ Friday - Jump Rope for Heart Jump Off from 2.30pm. All family and friends welcome.
- ☺ Friday - Is the last day of school for Term 2.
- ☺ Monday, July 13th - Staff Development Day.
- ☺ Tuesday, July 14th - STUDENTS RETURN TO SCHOOL for Term 3.
- ☺ Thursday, July 16th - Combined Athletics Carnival with Quaama PS. Get your notes in NOW!



Yesterday (Tuesday) our Small Schools Soccer team travelled to Bemboka to play Bemboka Public School in a state knockout match. The team played a wonderful game and had the crowd on their feet cheering. They went down by 2 goals to 1, but everyone tried so hard and the sportsmanship was fantastic. The team was Billy, Jamie (goalie), Zayd, Layla, Archie, Thomas, Angela, Jack, Chase (who scored our goal!), Kai, Noah, Luke and Elias.

This Friday is the last day of term and we will finish with a Skipping Exhibition for Jump Rope for Heart. Everyone is invited to attend at 2.30pm to see the children perform and showcase their skills. You might even like to have a skip yourself!

There are so many to thank as our term ends. To our Multilit tutors, helpers in the classroom and all who have assisted with transport or in any other way, it is greatly appreciated by the staff and the children. Thank you also to the staff for all their hard work during the term. We should see Mr Markham return next term.

School resumes for students on Tuesday, July 14th, with the Quaama Sports Day on Thursday, July 16th. Please try to get your child's permission note back this term.

Have a great holiday!

John Carter, Principal.

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## PRIMARY CLASS END OF YEAR EXCURSION - ADVANCE NOTICE

This year the Primary Class will be going to Canberra for their End of Year Excursion. We will leave on Wednesday, November 25th, and return on Friday, November 27th, a 3 day, 2 night excursion. Transport is by bus.

The itinerary consists of Cockington Green, Australian Institute of Sport, National Dinosaur Museum, Australian War Memorial, Parliament House, Old Parliament House (Museum of Australian Democracy), Telstra Tower, Ice Skating and Questacon. Accommodation will be at the Bush Capital Lodge in Canberra.

This has been costed at over \$375 per student, but the P&C have very generously agreed to subsidise this by \$175 per student, so the cost per student to parents will be \$200. Parents can (and are encouraged to) start paying a regular sum weekly now, so that it will not be a huge amount to pay just prior to Christmas.

We will also need a female parent to volunteer to come along as support for the girls. There is no cost involved for this parent and you do not have to be the parent of a girl. If you would be interested in joining us and are available on these dates, please let Linda know ASAP. As usual, a name will be 'drawn from the hat' in early Term 4. More information will be sent out closer to the date.

Central Tilba School has a policy that no child should be excluded from an excursion for financial reasons. If payment is a problem, please contact the school ASAP.

All discussions of this nature are completely confidential.

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# KIDS MATTER

Last month I attended a 'Briefing Session' in Canberra on the 'Kids Matter' Framework and reported back to a P&C Meeting about this program, which was enthusiastically received by those in attendance.

Kids Matter Primary is an Australian initiative for primary schools that provides a framework, resources and support to identify and implement strategies to improve the mental health and wellbeing of students.

The Key Messages of 'Kids Matter' are:

- \* Mental health is a prerequisite to effective learning;
- \* Schools can make a difference;
- \* Mental health promotion is best planned at individual sites;
- \* Kids Matter is a framework or structure of best practice, not a program.

Mental Health was defined as a state of well being and the ability to cope with challenges throughout life which are affected by protective factors (eg., support) versus risk factors. Mental Health has been identified as a national priority, with one in seven primary children experiencing mental health difficulties at some point. Currently, only one in four receive help.

The whole school needs to create an environment that is conducive to promoting mental health and wellbeing.

There are four components of Kids Matter:

- \* Positive School Community
- \* Student Skills for Resilience
- \* Parents and Families
- \* Support for Students Experiencing Mental Health Difficulties

Each component involves training a facilitator who then trains the staff/community.

To begin this program in our school, an Action Team comprising staff, parent and community participation, which will drive and manage Kids Matter, needs to be formed. That Action Team will then attend a 'Getting Started' day in Canberra (at this stage, Tuesday, September 1<sup>st</sup>, 2015).

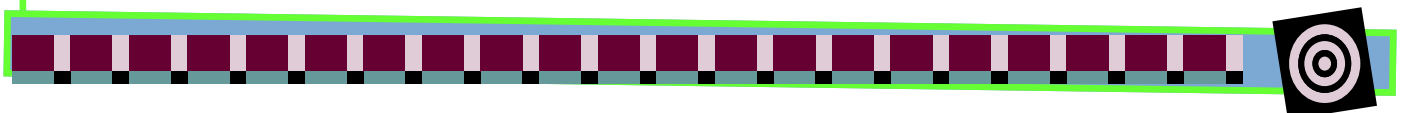
If you are interested in being on the Action Team, I would very much like to hear from you. It would involve making a commitment to attend the 'Getting Started' day and at least two meetings a term at school to plan and progress the program over the 2-3 years that it will run. It is quite a big commitment but the benefits could be immense.

If you are interested in being involved, please complete the attached note and return to the school. I intend to hold an information session at school on Tuesday, July 21<sup>st</sup> (Week 2 of Term 3), at 3.30pm.

## KIDS MATTER Expression Of Interest Note

**YES .. I am interested in being involved with  
KIDS MATTER ACTION TEAM**

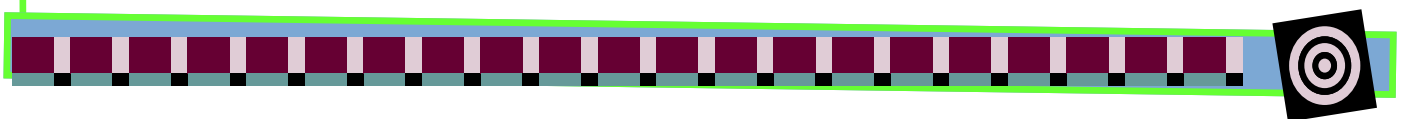
Name .....







*Tilba Winter Solstice Celebrations & Lantern Making At School*







Layla, Zayd, Billy, Archie, Jamie and Angela participated in an Academic Challenge at Broulee last week and came home as the Small School Champions. **WELL DONE !!**



The Primary Class enjoyed their Rugby League Gala Day in Narooma recently.







Small Schools Soccer Knockout  
At Bamboka Yesterday





# Quaama Athletics Carnival

- ◆ Our Annual Athletics Carnival at Quaama with Quaama Public School will take place in the first week of Term Four on **Thursday, July 16th**, commencing at 10.00am. Bus departs at **9.15am** sharp, so **DON'T BE LATE!** Return permission note **BEFORE THE END OF TERM.**
- ◆ The **subsidised excursion contribution is \$5 per student**, irrespective of whether or not students travel on the bus. It is expected (as usual) that **ALL** students will travel on the bus to Quaama as this is a school excursion and the 'team spirit' on the bus is always great for the children.
- ◆ Students should wear their full school sports uniform, including their school hat and suitable runners. Make sure they take a warm jumper/jacket/track pants with them as the weather can be **VERY COLD** in Quaama.
- ◆ All parents are welcome and encouraged to come along and enjoy, what is always, a great day, and, of course, participate in the annual parents' tug-o-war'. Bring a chair or rug to sit on, as well as your picnic lunch or buy it from the canteen.
- ◆ Parents - if you do decide to take your children home with you at the end of the day, **please advise a teacher** before leaving the ground with them. **If you are taking other children home, apart from your own, please ensure YOU HAVE A NOTE FROM THEIR PARENTS AND GIVE IT TO A TEACHER BEFORE LEAVING.**
- ◆ Please ensure that your child has sufficient food and drinks for the day (EVERY child should take their water bottle). There will be a canteen available on the day and we will advise in the first week of next term what the menu items are.
- ◆ **PLEASE NOTE : ALL STUDENTS ARE EXPECTED TO PARTICIPATE. There will be NO supervision at school for children not participating in the Athletics Carnival.**

## **PERMISSION NOTE - WHOLE SCHOOL**

### **QUAAMA ATHLETICS CARNIVAL - WEDNESDAY, JULY 16th, 2015**

I hereby give permission for my child/children ..... to participate in the Quaama Athletics Carnival on Thursday, July 16th, 2015.

I understand that transport will be by bus and full school sports uniform is to be worn.

**I enclose \$5 per student subsidised excursion contribution.**

Signed ..... Date .....





## WHOLE SCHOOL PHOTOS

This is our 2015 Whole School Photo and below is our 'muck-up' Whole School Photo.

These are available to order and are priced at \$20 each. The size is the same as the Class photos many families purchased.

If you would like to order a photo, please send the form below back with correct payment ASAP.

Photos are available in the office for you to have a look at.



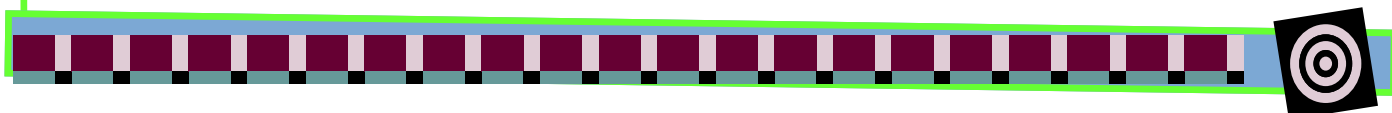
## WHOLE SCHOOL PHOTOS ORDER FORM

Name: \_\_\_\_\_

Tick Appropriate Box : Whole School Photo \$20 ☐

Muck Up Whole School Photo \$20 ☐

Total Amount Enclosed \$ \_\_\_\_\_





# Community Notice Board

Please note: the NSW Department of Education and Training does not endorse any product or service advertised in this newsletter.



**TILBA CWA** - The next meeting is on July 20th, 10.00am in the Small Hall. All welcome.

**INSPIRED TO CHANGE A LIFE?** - Are you caring, nurturing and understanding? Would you like to help out a local family in your community? CareSouth's Family Choices Program supports children with a disability and their families. All our carers are provided with casework support and training for the individual needs of the child. An allowance is also provided to cover daily expenses incurred whilst caring for a child. To find out more, please call 1300 554 260 or visit our website [www.caresouth.org.au](http://www.caresouth.org.au).

**HOLIDAY SOCCER CLINIC** - 9am-12pm on Tuesday 7th to Thursday 9th at Dalmeny Oval. Open to 8-15yo girls and boys. Cost \$90 with qualified coach. For more info or to register contact Judy Shoesmith on 4476 4501 or email [eurosoccc@bigpond.net.au](mailto:eurosoccc@bigpond.net.au).

**ARE YOU IN A SWIMMING CLUB?** - Pambula Swimming Club will be holding a winter short course qualifying carnival at the heated indoor Sapphire Aquatic Centre on Pambula Beach Road on Sunday, July 12th, with warm-ups starting at 9am. The program and online entries will be available on the SESA website:

[www.southeasternswimming.org.au](http://www.southeasternswimming.org.au). Medals will be awarded for placings. A fun winter BBQ will be available on the day plus goodies from the Aquatic Centre's kiosk.

**NAROOMA LIONS FAMILY FUN AND COW PAT BINGO DAY** - Bill Smyth Oval, Saturday, July 11th, 12-4pm. There is plenty to do to keep the whole family amused, including Cow Pat Bingo, jumping castle, zorb balls and face painting. To purchase a bingo ticket please contact Ellie on 0421 108 022. A goods and services auction will be held at 2.30pm.

**River of Diversity**  
learn  
respect  
celebrate  
27 June - 12 July

NAIDOC week  
Careeda  
Belly dancing  
WoW short films  
Deep River Choir  
Meet the maker  
Drumming workshop  
[www.esc.nsw.gov.au](http://www.esc.nsw.gov.au)

eurobodalla shire council



## 2015 MAYOR'S WRITING COMPETITION

Are you a young writer between the ages of 5 – 18years? Do you have a great story to tell? Would you love to see your story published? Here is your chance to make it happen! So, what are you waiting for?

Pick up an entry form at your local library or download one by clicking on News and Events on the Council homepage [www.esc.nsw.gov.au](http://www.esc.nsw.gov.au) and Mayor's Writing Competition.

**ENTRIES CLOSE: 5pm FRIDAY 28 AUGUST 2015**

Celebrate NAIDOC Week  
This Winter School Holiday  
@ Narooma Library  
Introducing Our Little Yuin  
Storymaking with native animals

Make a storybook using animal totems chosen from the local area

Free

BOOKINGS ESSENTIAL!

Wednesday 8 July 11.00am – 12noon Narooma Library t: 4476 1164

CELEBRATE NAIDOC WEEK  
IN YOUR WINTER SCHOOL HOLIDAYS  
@ Batemans Bay Library

Listen to the spiritual sounds of the dreaming by traditional Aboriginal Didgeridoo performer, local custodian and Walbunja warrior Henry Stewart and Storytelling by local artist Loretta Parsley

Morning tea provided

Free

BOOKINGS ESSENTIAL!

Wednesday 8 July 10.30am – 11.30pm Batemans Bay Library t: 4472 5850

Celebrate NAIDOC Week

This Winter School Holidays @ Moruya Library  
Traditional Aboriginal Craft and Storytelling  
With Cheryl Davison

This school holidays take part in Traditional Aboriginal Craft, and enjoy storytelling.

Free

BOOKINGS ESSENTIAL!

Wednesday 8 July 10.30am – 12noon Moruya Library t: 4474 1333







## **VOLUNTARY SCHOOL CONTRIBUTIONS, STUDENT ACCIDENT INSURANCE & P&C MEMBERSHIP**

***PLEASE RETURN AS SOON AS POSSIBLE AND  
CIRCLE 'EFT' IF THAT IS YOUR PAYMENT METHOD***

**VOLUNTARY SCHOOL CONTRIBUTIONS (SCHOOL FEES)** – *This has been set by the P&C at \$40/student or \$70/family for the year.* This is extremely low compared to other local primary schools. We ask that all parents consider paying this small cost towards their child's education if they can. Please send in your contribution with the form below.

**CHEQUES PAYABLE TO CENTRAL TILBA PUBLIC SCHOOL  
EFT - BSB 032-001 A/C NO. 153128**

***Family Name ..... Date .....***

**STUDENT ACCIDENT INSURANCE** – *The cost is \$10 per student.* The P&C has already paid for **ALL** students in the school to be covered and ask that parents consider reimbursing the P&C this small cost for having their primary student children covered for accidents. ***We ask that you send in the \$10 per student as soon as possible.*** If you can't afford the whole \$10 per student, any contribution you can afford would be great. Please send in with the form below. Please don't forget to let the school know if your child has any kind of injury covered by the benefits payable so that we can send a claim home for you to complete (even if you haven't paid the insurance). ***Please note this is a '24/7' cover, NOT just school hours or events.***

**Enclosed is \$10.00 per student (or part thereof).**

**CHEQUES PAYABLE TO TILBA DISTRICT P&C ASSOCIATION  
EFT - BSB 062-652 A/C NO. 00900089**

***Student Name(s)..... Date .....***

**P&C MEMBERSHIP** – The P&C ask all families to become members of our P&C Association. It is not necessary to attend any or all meetings, although we hope that as many parents as possible will try and support the P&C at their meetings, but by paying the small membership subscription of **only \$5.00 per family, per year**, you ARE supporting the P&C. Unless P&C subscriptions have been paid, you are not able to vote on any issues that arise at meetings or at the AGM. ***This donation helps to pay for our affiliation fees with the Federation of P&C's and Public Liability insurances and P&C Workers' insurance; this amounted to over \$400 last year.***

**CHEQUES PAYABLE TO TILBA DISTRICT P&C ASSOCIATION  
EFT - BSB 062-652 A/C NO. 00900089**

***Family Name ..... Date .....***

